

Directions: Cover this page with plastic for a playdough letter mat. Practice making playdough snakes & form into letters.  
At this point, the child needs to be familiar enough with all lower case letters that the parent can name a letter at random for the child to make with or without the help of the letter mat.

a b c d e f g

h i j k

l m n o p

q

r

s

t

u

v

w

x

y

z

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Strategy to teach skill: Use modeling clay or playdough to make logs or snakes to shape into each alphabet letter. Children need time to contemplate the shape of each letter and forming each letter provides them the time to contemplate. See the above pages as an alphabet model for the children use. Laminate this alphabet model or use a page protector to cover the alphabet model so that it can be reused. This is an excellent “on my own” learning activity and it helps develop fine motor skills to improve writing.

And watch the Alphabet Wiggles: [http://www.youtube.com/watch?v=NUcSoUC-9pc&feature=feedrec\\_grec\\_index](http://www.youtube.com/watch?v=NUcSoUC-9pc&feature=feedrec_grec_index)